



KAURI CLIFFS
MATAURI BAY NEW ZEALAND

WELCOME TO THE SPA AT KAURI CLIFFS

WE INVITE YOU TO RELAX, REJUVINATE AND REVIVE YOUR SPIRIT IN A TRANQUIL SPACE WHERE NATURE PREVAILS.

OUR SPA IS NESTLED AT THE EDGE OF A TOTARA FOREST AND OVERLOOKS A VERDANT FERN GLEN AND WINDING STREAM. EACH TREATMENT ROOM HAS FLOOR TO CEILING VIEWS AND OPENS ONTO A PRIVATE OUTDOOR SPACE WHERE GUESTS CAN ENJOY GARDEN INSPIRED TREATMENTS AL FRESCO AND FIRESIDE.

CHOOSE FROM A VARIETY OF TREATMENTS, INCLUDING DIFFERENT STYLES OF MESSAGES, FOOT REFLEXOLOGY, FACIALS, PEDICURES AND MANICURES AS WELL AS HAIR CARE.

TWO GUESTS CAN ENJOY THE ULTIMATE INDULGENCE OF THE COUPLES SPA SUITE, WITH A LUSH PRIVATE GARDEN AND FIREPLACE.

COMFORTABLE MEN'S AND LADIES' LOCKER ROOMS, SAUNA, JACUZZI SPA POOL AND INDOOR HEATED LAP POOL ARE FOR YOUR PLEASURE – AS IS A STATE OF THE ART FITNESS CENTRE WITH A FULL SPECTRUM OF EXERCISE EQUIPMENT AND FREE WEIGHTS.

KAURI CLIFFS SIGNATURE MESSAGES

<u>Traditional Massages</u>	<u>50 minutes</u>	<u>\$170.00</u>
	<u>80 minutes</u>	<u>\$220.00</u>

Choose between a traditional full body relaxing Swedish massage or an energizing trigger point release deep tissue massage.

<u>Earth Stone Massage</u>	<u>80 minutes</u>	<u>\$225</u>
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Earth Stone Massage is a unique variation on classic massage therapy. Heated smooth, flat stones originating from New Zealand are placed on key points on the body and used to deeply massage your muscles. Exquisite penetrating heat radiates throughout your body and melts all your kinks and knots away.

<u>Shell and Ocean Therapy Massage</u>	<u>80 minutes</u>	<u>\$225</u>
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Sea shells, sea essences and mineral-rich sea salts are incorporated into your calming or deep tissue massage to increase its healing and detoxifying properties.

<u>Jade and Crystal Essence Massage</u>	<u>80 minutes</u>	<u>\$225</u>
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Experience the energies of New Zealand Jade ("Green Stone") and Bloodstone Crystals. They will help to balance the body and reduce stress, while you enjoy Swedish or deep tissue massage techniques.

<u>Zen Green Tea Massage</u>	<u>80 minutes</u>	<u>\$225</u>
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A deeply relaxing Spa treatment following the Zen philosophy that everything is sacred: nothing is rushed. Every movement is performed with relaxing, fluid precision and caring intent.

<u>Hole-in-One Sports Massage</u>	<u>50 minutes</u>	<u>\$170</u>
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A pre- or post-golf sports massage designed to loosen tight upper body muscles. Your back, neck, shoulders and arms will be treated specifically to enhance your golf experience.

<u>Lymphatic Massage</u>	<u>80 minutes</u>	<u>\$225</u>
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By stimulating the lymphatic system through a very delicate massage the immune system receives a boost, blockages are cleared, toxins eliminated, nutrients transported to cells and the metabolism increased, thus enhancing well-being.

<u>Foot Reflexology</u>	<u>50 minutes</u>	<u>\$170</u>
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Enjoy a relaxing foot soak, a stimulating scrub and an ancient foot reflexology massage, which will rejuvenate, de-stress and balance the whole body.

Waterfall Massage **50 minutes** **\$195**

Commence with an invigorating body scrub made from refined sea salts and essential oils. Lie back and relax under eight, individually controlled water jets that work in unison with our massage therapist to eliminate stress and tension.

Couple's Massage **110 minutes** **\$500 per couple**

Share your massage experience with a loved one or friend in our couple's massage room, and let us create a memory you both will share. Begin with an aromatherapy soak in our special hydrotherapy tub built for two, and then enjoy a 50-minute Swedish or deep tissue massage. The time is then yours to relax in your private room and patio while enjoying some refreshments.

Touch Duo/Four Hands Massage **50 minutes** **\$300**

Enjoy the ultimate experience, two therapists massage your body simultaneously.

KAURI CLIFFS SIGNATURE FACIALS FOR WOMEN

Aroma Facial and Back Massage 80 minutes \$225

This customised facial commences with a de-stressing back, shoulder and neck massage. We focus on your specific skin care concerns as you unwind in the hands of our experienced therapist.

Hydrating: A post-flight booster, controls moisture loss and restores a soft complexion.

Soothing: Nurtures, calms and soothes exposed and reactive skin.

Balancing: Evens and tones combination complexion.

Rejuvenating: Nutrient-rich care for mature skin to fight the signs of aging.

Vitalizing: Uplifts and oxygenates a stressed skin.

Crystallized Earth Stone Facial 80 minutes \$225

Our collection of healing, soothing, warming and cooling stones, as well as crystals, turns a traditional facial into a memorable experience. The stones encourage the properties of your personalized product blends to penetrate into the skin and enhance your inner strength.

Sea Shell Essence Facial 80 minutes \$225

A Pacific Oceanic facial using blends from the sea to treat your complexion. Ocean Crystals and our Shell Essences rejuvenate the skin. Ocean Therapy Massage and a deep penetrating mask conclude this unique experience.

Zen Jade Essence Facial 80 minutes \$225

A deeply relaxing jade facial reflecting the Zen philosophy that everything is sacred: nothing is rushed. Every movement is performed with relaxing, fluid precision and calming intent. The personalised aromatic creams and oils delicately diffuse the skin to balance and rejuvenate.

KAURI CLIFFS SIGNATURE BODY WRAPS

Our wraps are individually designed specifically for your personal needs. We use blends of oils, mud and emulsions to nourish, smooth, and invigorate the body to relieve tired muscles, mental fatigue and dehydrated skin. These treatments are performed in our wet-room and combined with our hydrotherapy Vichy shower.

Rescue Wrap	80 minutes	\$225
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Immerse your senses with a deep aromatic exfoliation under a warm waterfall shower. A thick soft cream mask then cocoons your body, which creates a divine sensation while releasing soothing, calming, and moisturising properties that rescue your skin and relax your mind.

Aromatic Toning Body Retreat	80 minutes	\$225
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Enjoy a toning and moisturizing skin firming treatment, fortified with highly active aromatic extracts that lift and tighten your skin's supportive tissue. Toning serum is applied with kneading strokes to eliminate fluids.

Body Elixir Wrap	80 minutes	\$225
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Relax and let your troubles melt away with this gentle, exfoliating, cleansing scrub and hydrating massage for dry skin. The treatment uses native tree bark and natural essences to gently buff and polish the skin. Stimulating sea and energizing flower essences blended with a creamy hydrating mask soften the skin. The session concludes with a full body waterfall massage.

Kiwi Mud Wrap	80 minutes	\$225
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Bask in a detoxifying and renewing body envelopment that combines a glowing exfoliation and mineral-rich New Zealand mud. Metabolism is boosted and detoxification is increased while you rest in this soothing wrap. A mini-facial and scalp massage of infused oils complete the experience.

KAURI CLIFFS SIGNATURE TREATMENTS FOR MEN

Men recognize the need to unwind and be pampered. These facial treatments hydrate, purify and calm the skin as well as relax the mind. They will let you look and feel your best, whether it is in the boardroom or on the golf course.

Facials

It is recommended that you **do not** shave for three hours prior to a facial treatment.

Reviver	50 minutes	\$170
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Replenish the skin and relax the mind with a classic facial treatment designed specifically to meet the needs of your skin. Cleansing, exfoliation and hydration will leave your complexion polished and glowing with health.

Deep Energizer	80 minutes	\$225
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This is a balancing treatment ideal for the man with jet-lagged skin utilizing New Zealand Jade and Crystal spheres to revitalize your complexion. A combination of natural plant and essential oils works deeply into the skin to replenish and restore suppleness. This facial and combined neck massage will result in a sense of well-being and total relaxation.

Grooming

Sports Manicure	50 minutes	\$100
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We file and buff your nails to a healthy glow, tend to your cuticles and exfoliate your hands. Unwind with a relaxing massage to ease tension in forearms and hands.

Sports Pedicure	50 minutes	\$110
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Your feet are soaked and exfoliated in a foot bath with Pink Beach sea shells, and your nails are shaped and buffed, your cuticles are maintained. A moisture mask and massage of your feet complete the enjoyment of this experience.

Massage

Please refer to the massage menu for a complete range of therapeutic massage services.

SPA PACKAGES

Our Spa packages are either half or full-day experiences and are designed to pamper, relax and revitalize our guests. You may choose from any of the following or create your own package of treatments. All Spa packages include tea service or a health drink. Gourmet Spa lunches may be requested (one hour notice required).

Jet Espresso **Allow 2.5 hours** **\$395**

The ultimate treatment to ease jet lag. A full body elixir wrap and Earth Stone facial will replenish your body and your mind to focus on the task of pure indulgence while on vacation.

Oceanic **Allow 3.5 hours** **\$495**

This includes our Signature Shell and Ocean Therapy Massage, Facial and your choice of our Pink Beach Pedicure or Signature Manicure.

Earthly Pleasures **Allow 4.5 hours** **\$595**

Experience the warming and cooling qualities of our earth stones and crystals while relaxing and unwinding with one of our signature massages and facials, each designed to your personal needs. A Kiwi Mud Wrap will indulge your body and empower your mind. Take time out to enjoy the tranquil beauty of your private garden courtyard while finishing with a grounding pedicure.

Kauri Cliffs Ultimate Revival **Allow 6 hours** **\$850**

This is the ultimate indulgent Spa experience. Be the King or Queen for the day. Let us treat you to a royal full-day package, featuring our unique New Zealand Jade Facial, Touch Duo Massage, Signature Manicure, Pink Beach Pedicure and for the finishing touches a shampoo and blow dry. Morning tea service, snack, and a gourmet Spa lunch prepared by Kauri Cliffs chefs will be served in your private treatment room or garden courtyard.

Gentleman's Retreat **Allow 3 hours** **\$420**

Make time for grooming to look good and feel on top of your game. The Gentleman's Retreat combines a series of treatments including a Hole-in-one Sports Massage, Crystallized Earth Stone Facial and a Sports Manicure or Pedicure.

Bridal Package

Treatments for the bride-to-be and the bridal party can be customized with our Spa Manager to meet your ideas of your special event.

MANICURES & PEDICURES

Mini Manicure **30 minutes** **\$ 70**

An express manicure designed for a quick repair of your nails; includes shape and polish.

Earth Stone Manicure **50 minutes** **\$110**

Have your fingernails and cuticles shaped to perfection and receive a light exfoliation of your hands. A nourishing mask is applied, followed by a warming earth stone hand massage. Let us highlight your nails with the finishing colour of your choice.

Pink Beach Shell Pedicure **50 minutes** **\$110**

Begin your pedicure with a relaxing therapeutic Pink Beach shell soak and scrub. Nails are shaped, buffed and cuticles repaired before a moisture mask is applied. Unwind with a soothing foot and leg massage followed by your choice of polish.

Signature Manicure and Pedicure **120 minutes** **\$200**

Indulge in our luxury Signature Manicure and Pedicure which include a warming stone massage and a luxurious paraffin mask on your palms and soles.

ADDITIONAL SPA SERVICES P.O.A.

Waxing

Body hair removal is available for both women and men, using natural, disposable wax. Ask your therapist for the specific service you require.

Hair Care

Ladies' and men's haircuts, shampoo, blow-dry and colourings are available upon request.

Eye Zone

Lash tinting, brow tinting and brow shaping.

Yoga / Personal Trainer

Private instruction is available and will be customized to your fitness level.

SPA INFORMATION

The Spa is open 7 days a week and treatments are available from 10am to 7pm or by special appointment.

The Gym is open from 7am to 8 pm.

Appointments

Please arrive 10 minutes before your appointment to allow for stress-free check-in. Your late arrival will determine the length of treatment. Your service needs to end on scheduled time as to not delay the next guest.

Cancellation Policy

Please note: Treatment times are reserved exclusively for you. A minimum of 24 hours is needed to cancel an appointment. Without this notification, you will be billed the full price of the service. If you need to change the time of your treatment within the 24-hour cancellation period, we will make every effort to accommodate your wishes but cannot guarantee the availability of a therapist.

In-Room Treatments

All of our massages and certain other treatments can be experienced within the privacy of your Kauri Cliff's guest suite. Please add 20% to the cost. Inquire with guest reception as to which treatments are suitable for in-room service.

Comfort

The Spa is an area of relaxation and tranquillity. We ask you to refrain from using your cell phone and pager while on premises. The Spa is a non-smoking area. Please do not consume alcohol prior to or immediately after your treatment as it may impair the effectiveness of your treatment. We would like to suggest allowing time either before or after your treatment to enjoy our Jacuzzi and/or sauna.

Clothing

We provide a robe, slippers and a locker for your use. Bathing suits can be worn for Vichy Water Treatments or we can supply disposable underwear.

Staff

You may have a preference for either a male or a female therapist, please inform the front desk at time of booking.

Payment of Services

Services for lodge guests will be charged to their rooms. For day guests we accept all major credit cards, cash, eftpos.

Gratuities

Gratuities are not expected but may be left in appreciation of exceptional service.

Special Attention

Please communicate any special health conditions and needs to your therapist in order to maximize your enjoyment of the treatment and its benefits.

Valuables

Please leave your valuables in your guest room safe. The Spa at Kauri Cliffs cannot be responsible for lost or stolen items.

Spa Gift Vouchers

Gift vouchers can be purchased for a specific treatment or by dollar value.